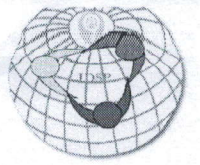




HEALTH DEPARTMENT  
GOVERNMENT OF HARYANA  
INTEGRATED DISEASE SURVEILLANCE PROGRAMME

Website: [haryanahealth.nic.in](http://haryanahealth.nic.in)

Email: [dhs.idspdatam@hry.nic.in](mailto:dhs.idspdatam@hry.nic.in)



From

The Director General Health Services  
Haryana, Panchkula

To

All Civil Surgeons,  
Haryana

No.:32/3-IDSP-20/ 3593-3614 Dated: 12-06-2020

**Subject: Regarding the Revised Discharge Policy of COVID-19 as per GoI.**

In continuation with previous letter no. 32/3-IDSP/2020-2619-2642 Dated 11.05.2020, the revised discharged policy for COVID-19 patient was issued, wherein it was mandatory for all the categories of patients of COVID-19 to discharge them after one RTPCR test comes negative. However rest of the conditions were being followed as per GoI norms.

Now it has been decided to follow the Revised Discharge Policy of COVID-19, issued by the Government of India as such and accordingly, the pre-symptomatic/ mild/ very-mild and moderate cases can be discharged without doing any RTPCR test, provided the other conditions mentioned in the GoI policy are met with.

You all are directed to implement the same with immediate effect in the true spirit.

**Enclosed: Discharge policy issued by MoHFW**

*5.6.2020*

Director General Health Services  
Sector 6, Panchkula, Haryana

Enst. No. :32/3-IDSP-020/ 3615-16

Dated: 12-06-2020

A copy is forwarded to the followings for information please:

1. Worthy ACS(H), Haryana.
2. Director MER, Haryana

*5.6.2020*

Director General Health Services  
Sector 6, Panchkula, Haryana

## Revised Discharge Policy for COVID-19

The revised discharge policy is aligned with the guidelines on the 3 tier COVID facilities and the categorization of the patients based on clinical severity (Available at:

<https://www.mohfw.gov.in/pdf/FinalGuidanceonMangaementofCovidcasesversion2.pdf>)

### **1. Mild/very mild/pre-symptomatic cases**

Mild/very mild/pre-symptomatic cases admitted to a COVID Care Facility will undergo regular temperature and pulse oximetry monitoring. The patient can be discharged after 10 days of symptom onset and no fever for 3 days. There will be no need for testing prior to discharge.

At the time of discharge, the patient will be advised to isolate himself at home and self-monitor their health for further 7 days.

At any point of time, prior to discharge from CCC, if the oxygen saturation dips below 95%, patient is moved to Dedicated COVID Health Centre (DCHC).

After discharge from the facility, if he/she again develops symptoms of fever, cough or breathing difficulty he will contact the COVID Care Centre or State helpline or 1075. His/her health will again be followed up through tele-conference on 14<sup>th</sup> day.

### **2. Moderate cases admitted to Dedicated COVID Health Centre (Oxygen beds)**

#### **2.1. Patients whose symptoms resolve within 3 days and maintains saturation above 95% for the next 4 days**

Cases clinically classified as "moderate cases" will undergo monitoring of body temperature and oxygen saturation. If the fever resolve within 3 days and the patient maintains saturation above 95% for the next 4 days (without oxygen support), such patient will be discharged after 10 days of symptom onset in case of:

- Absence of fever without antipyretics
- Resolution of breathlessness
- No oxygen requirement

There will be no need for testing prior to discharge.

At the time of discharge, the patient will be advised to isolate himself at home and self-monitor their health for further 7 days.

To be substituted with same number and date

From

Director General Health Services,  
Haryana, Panchkula.

To

All Civil Surgeons in the State

No. 32/3-IDSP-2020- 2619-40

Dated: 11-05-2020

**Subject: Regarding Revised Discharge Policy for COVID-19.**

In reference to the subject cited above.

1. As you are aware presently, positive Patient of **COVID-19** are being discharged only after 14 days of monitoring along with following conditions:
  - Clinical clearance
  - Chest x-ray cleared
  - 2 samples taken apart 24 hrs. tested negative

2. In view of revised discharge policy received from MOHFW on Dated 08-05-2020. The revised policy has been formulated in alignment with guidelines on the 3 tier COVID facilities and the categorization of the patients based on clinical severity.

3. COVID-19 positive case developing severe illness will have to test negative through RT-PCR test before being discharged. Moderate cases of COVID-19 and Pre-symptomatic Mild/Very mild cases need not undergo tests before being discharged after resolution of symptoms. **However, it has been decided by the State that each and every patient before discharge may be tested negative once by RT-PCR.**

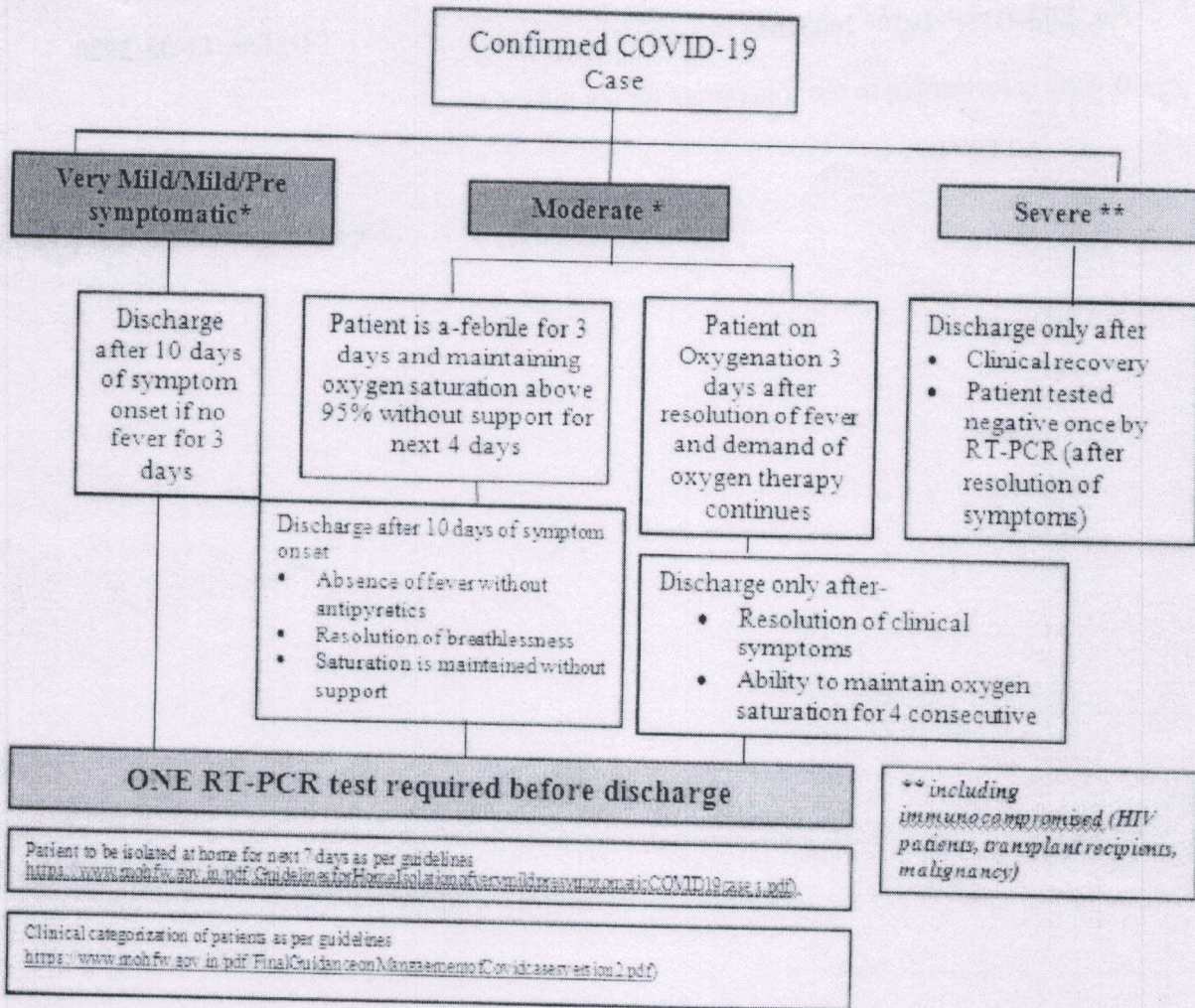
**4. Pre-symptomatic Mild/Very mild cases admitted to a COVID Care Facility**

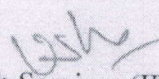
- a) Patient may be tested negative once by RT-PCR.
- b) He will undergo regular temperature and pulse oximetry monitoring.
- c) The patient can be discharged after 10 days of symptom onset and no fever for 3 days (Afebrile for 3 days without any antipyretics)
- d) At the time of discharge, the patient will be advised to follow the home isolation for further 7 days as per guidelines available at


<https://www.mohfw.gov.in/pdf/GuidelinesforHomeIsolationfverymildpresymptomaticCOVID19cases.pdf>

- e) At any point of time, prior to discharge from CCC, if the oxygen saturation dips below 95%, patient is moved to Dedicated COVID Health Centre (DCHC).

## Revised Discharge Policy for COVID-19



  
 Director Health Services (IDSP)  
 Haryana Panchkula

Dated: 11-05-2020 

No. 32/3-IDSP-2020- 2641-42

A copy is forwarded to the followings for information please:

1. Worthy ACS (Health)
2. Director MER

**MOHFW Document**  
**Revised Discharge Policy for COVID-19**

The revised discharge policy is aligned with the guidelines on the 3 tier COVID facilities and the categorization of the patients based on clinical severity (Available at:

<https://www.mohfw.gov.in/pdf/FinalGuidanceonManagementofCovidcasesversion2.pdf>)

**1. Mild/very mild/pre-symptomatic cases**

Mild/very mild/pre-symptomatic cases admitted to a COVID Care Facility will undergo regular temperature and pulse oximetry monitoring. The patient can be discharged after 10 days of symptom onset and no fever for 3 days. There will be no need for testing prior to discharge.

At the time of discharge, the patient will be advised to follow the home isolation for further 7 days as per guidelines available at

<https://www.mohfw.gov.in/pdf/GuidelinesforHomeIsolationofverymildpresymptomaticCOVID19cases.pdf>.

At any point of time, prior to discharge from CCC, if the oxygen saturation dips below 95%, patient is moved to Dedicated COVID Health Centre (DCHC).

After discharge from the facility, if he/she again develops symptoms of fever, cough or breathing difficulty he will contact the COVID Care Centre or State helpline or 1075. His/her health will again be followed up through tele-conference on 14<sup>th</sup> day.

**2. Moderate cases admitted to Dedicated COVID Health Centre (Oxygen beds)**

**2.1. Patients whose symptoms resolve within 3 days and maintains saturation above 95% for the next 4 days**

Cases clinically classified as "moderate cases" will undergo monitoring of body temperature and oxygen saturation. If the fever resolve within 3 days and the patient maintains saturation above 95% for the next 4 days (without oxygen support), such patient will be discharged after 10 days of symptom onset in case of:

- Absence of fever without antipyretics
- Resolution of breathlessness
- No oxygen requirement

There will be no need for testing prior to discharge.

# MoHFW Document

## **Frequently Asked Questions (FAQs) on Revised Discharge Policy, dated 8<sup>th</sup> May, 2020**

A revised discharge policy for COVID-19 cases was issued by MoHFW on 8<sup>th</sup> May, 2020. (Available at: <https://www.mohfw.gov.in/pdf/ReviseddischargePolicyforCOVID19.pdf>). The policy was prepared in consultation with ICMR and is in line with the MoHFW's guidelines on the categorization of the patients based on clinical severity and their management in the 3 tier COVID facilities (Available at: <https://www.mohfw.gov.in/pdf/FinalGuidanceonManagementofCovidcasesversion2.pdf>).

### **FAQs**

#### **1. What was earlier criteria for discharging COVID-19 patients**

The earlier criteria for discharging rt-PCR positive were (a) chest radiograph has cleared and (b) two consecutive negative test results on rt-PCR.

#### **2. What is the new discharge policy for COVID-19 patients?**

##### For mild/very mild/pre-symptomatic cases

- Patient can be discharged after 10 days of symptom onset and no fever for 3 days
- No need for testing prior to discharge
- Patient will be advised to follow home isolation for a further 7 days after discharge

##### For moderate cases

- Patient can be discharged (a) if asymptomatic for 3 days and (b) after 10 days of symptom onset
- No need for testing prior to discharge
- Patient will be advised to follow home isolation for a further 7 days after discharge

##### For severe cases

- Clinical recovery
- Patient tested negative once by RT-PCR (after resolution of symptoms)

#### **3. Why was the discharge policy changed?**

Several countries have changed the criteria for discharge from 'test based strategy to 'symptom based strategy' or 'time based 'strategy. A review of ICMR laboratory surveillance data also indicated that after initial rt-PCR positive results, patients became negative after a median duration of 10 days. Recent studies have also suggested that the viral load peaks in the pre-symptomatic period (2 days before symptoms) and goes down over the next 7 days.

#### **4. How then it will be established that a patient is cured of the disease?**

Being cured of a disease may have different connotations for general public, treating doctors and the virologists. Unless there is a fear of resurgence of infection and subsequent transmissibility of an infection, resolution of clinical manifestation is usually taken as an evidence for cure.

Of%20Indian%20nationals%20stranded%20outside%20the%20country%20and%20of%20specified%20persons%20to%20travel%20abroad.pdf should be followed.